



VICTORY WORSHIP CENTER

2025 BREAKTHROUGH & THRIVE: 21-DAYS of FASTING and PRAYER

Theme Verses: Ephesians 3:20-21: 20 Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us, 21 Unto him *be* glory in the church by Christ Jesus throughout all ages, world without end. Amen.

Congregational Focus: As a church, we commit to seeking God together for personal and corporate breakthroughs, trusting Him to lead us into a season of thriving in unity. We are fasting and praying for clear direction from God on strategies for winning the world for Christ through sharing the gospel, serving our church family, and reaching our community.

Guidelines: It's time to Breakthrough and Thrive with 21 Days of Fasting and Prayer!

- **Dates:** We are fasting from January 12th to February 1st, 2025.
- **Hours of the day:** This fast will start at 6am and conclude at 12 noon daily.
- **No Food:** We will consume water and juice only from 6am to 12 noon.
 - Go shopping to stock up on juices and everything you will need to be successful.
 - After 12 noon, you may eat meals, but in moderation.

- You may also choose to follow a Daniel Fast or other fast after 12 noon as you continue seeking God for your personal relationship with Him.
- **Medical Needs:** Consult your physician prior to beginning any fast if you have special medical and dietary needs and modify as needed.
- **Spiritual Focus:** Each day, we will use this guide for our scripture and prayer focus.
 - You are encouraged to read the scripture
 - Study the scripture by using study tools like bible dictionaries, commentaries, Google, and more.
 - Pray and ask God to speak to you regarding the scripture.
 - Pray the prayer focus for the day.
- **Keep a journal:** Keep a spiritual journal, noting what you feel led to do and what God does in response to your prayers.
- **Plan your day:** Plan times for prayer, scripture readings, and worship. You can start your prayers by repenting for sins and asking for forgiveness. Ask God to speak to you, and make time to listen. Here's an idea of how to structure your day:
 - Morning: Begin your day with praise and worship. Read and meditate on God's Word. Invite the Holy Spirit to work in you and ask to be mindful of his presence. Pray for God's vision and empowerment to do his will.
 - Noon: Return to prayer and God's Word. If possible, take a short prayer walk. Journal what you sense God speaking to you.
 - Evening: Get alone with God and seek Him. Spend time in intercessory prayer for your community and our nation's leaders, for the world's unreached millions, for your family or other needs.
- **What to expect:** You might experience physical and mental discomforts, such as hunger pains, dizziness, crankiness, anxiety, or headaches. Pray through it, and take sips of juice and water.
- **Why we fast:** Fasting is one of the most powerful spiritual disciplines of all the Christian disciplines. It is a way to align our hearts with God: "My soul thirsts for God, the living God" (Psalm 42:2). Through fasting and prayer, the Holy Spirit can transform our lives.
- **What Does Prayer Do for Fasting?** Fasting and prayer are often linked together (Luke 2:37 And she *was* a widow of about fourscore and four years, which departed not from the temple, but served *God* with fastings and prayers night and day.; 5:33). Fasting without praying isn't fasting. It is dieting or deprivation. We fast is to make space for us to seek the Lord with greater urgency. Instead of eating, pray at meal times. Use the hunger pangs to remind yourself to have a hunger for God. Fasting gives us more time for prayer. Prayer helps tear down walls, destroy strongholds and experience spiritual breakthroughs. Fasting gives

us clarity of God's answers that we seek. As we seek Him first, God speaks to us.

- If you sincerely humble yourself before the Lord, repent and seek God's face, you will experience breakthrough and his presence. Fasting and praying may be difficult, and it takes time to build spiritual muscles. Consider starting small. If you fail to make it through your first fast, do not be discouraged. You may have tried to fast too long the first time out. Fasting changes us for the better.

Day 1 - Sunday, Jan 12, 2025

- **Scripture:** Isaiah 43:19
- **Prayer Focus: NEW THINGS:** Ask God to open your eyes to the new things He is doing in your life and in our church.

Day 2 - Monday, Jan 13, 2025

- **Scripture:** Jeremiah 29:11
- **Prayer Focus: GOD'S PLANS:** Pray for clarity and confidence in God's good plans for each individual and the congregation.

Day 3 - Tuesday, Jan 14, 2025

- **Scripture:** Psalm 37:5
- **Prayer Focus: OUR PLANS:** Commit your plans and desires to the Lord; pray for the church to align with His guidance.

Day 4 - Wednesday, Jan 15, 2025

- **Scripture:** Proverbs 3:5-6
- **Prayer Focus: TOTAL SURRENDER:** Surrender every decision to God and seek His wisdom for our church's vision and our personal lives.

Day 5 - Thursday, Jan 16, 2025

- **Scripture:** Philippians 4:13
- **Prayer Focus: STRENGTH:** Pray for strength and endurance for individuals and ministries within the church.

Day 6 - Friday, Jan 17, 2025

- **Scripture:** Romans 8:28
- **Prayer Focus: TRUST GOD:** Trust God to work all things together for good in the lives of our members and church body.

Day 7 - Saturday, Jan 18, 2025

- **Scripture:** 2 Corinthians 5:17
- **Prayer Focus: NEW IDENTITY:** Embrace the new identity we have in Christ as individuals and as a congregation.

Day 8 - Sunday, Jan 19, 2025

- **Scripture:** Matthew 6:33
- **Prayer Focus: PUT GOD FIRST:** Seek first God's kingdom and righteousness as a united church family.

Day 9 - Monday, Jan 20, 2025

- **Scripture:** Isaiah 40:31
- **Prayer Focus: RENEWED STRENGTH:** Pray for renewed strength and perseverance for our leaders and volunteers.

Day 10 - Tuesday, Jan 21, 2025

- **Scripture:** John 10:10
- **Prayer Focus: ABUNDANT LIFE:** Claim the abundant life Jesus offers for every member and ministry.

Day 11 - Wednesday, Jan 22, 2025

- **Scripture:** James 1:5
- **Prayer Focus: GODLY WISDOM:** Ask God for wisdom in every decision affecting our church's future and the future of every member.

Day 12 - Thursday, Jan 23, 2025

- **Scripture:** Psalm 46:10
- **Prayer Focus: BE STILL:** Be still and know that God is in control of our lives and our congregation.

Day 13 - Friday, Jan 24, 2025

- **Scripture:** 1 Corinthians 15:58
- **Prayer Focus: BE UNMOVABLE:** Remain steadfast in serving the Lord, knowing our labor is not in vain.

Day 14 - Saturday, Jan 25, 2025

- **Scripture:** Galatians 6:9
- **Prayer Focus: DON'T BE WEARY:** Do not grow weary in doing good; trust God's timing for the harvest in our personal lives and in our church.

Day 15 - Sunday, Jan 26, 2025

- **Scripture:** 2 Chronicles 7:14
- **Prayer Focus: BE HUMBLE:** Humble ourselves as a congregation and pray for breakthrough in our community and nation.

Day 16 - Monday, Jan 27, 2025

- **Scripture:** Psalm 91:1-2
- **Prayer Focus: GOD IS OUR REFUGE:** Dwell in God's protection and rest in His promises for our church family.

Day 17 - Tuesday, Jan 28, 2025

- **Scripture:** Hebrews 12:1-2
- **Prayer Focus: RELEASE EVERY HINDRANCE:** Fix our eyes on Jesus and release every hindrance that holds back our congregation and our lives.

Day 18 - Wednesday, Jan 29, 2025

- **Scripture:** Ephesians 6:10-11
- **Prayer Focus: PUT ON GOD'S ARMOR:** Put on the full armor of God as a church and in our personal situations and stand firm against spiritual battles.

Day 19 - Thursday, Jan 30, 2025

- **Scripture:** Psalm 34:17-18
- **Prayer Focus: CRY OUT TO GOD:** Cry out to God for deliverance and experience His nearness as a community.

Day 20 - Friday, Jan 31, 2025

- **Scripture:** Habakkuk 3:17-18
- **Prayer Focus: REJOICE IN EVERY SEASON:** Rejoice in the Lord, even in challenging seasons, trusting in His faithfulness.

Day 21 - Saturday, Feb 1, 2025

- **Scripture:** Ephesians 3:20-21
 - **Prayer Focus: PRAISE GOD FOR BREAKTHROUGH:** Praise God for breakthroughs and unity as we thrive together in His purpose.
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Closing Reflection: As a congregation, let us celebrate God's faithfulness. Reflect on the breakthroughs experienced individually and corporately. Commit to walking in unity, thriving in His promises, and continuing to seek His will together.